

ALHAMBRA WRESTLING



Head Coach: Tom Viglienzone (925) 360-5874 C
(925) 228-7354 H

Assistant Coach:

Junior Varsity Coach: Tyson Muncher (707) 365-4401 C

Assistant JV Coach:

Manager: Jim Payne (925) 890-9715 C

Athletic Director: Pat Ertola (925) 639-4914 C

VARSIITY 2009-10

<u>Day</u>	<u>Date</u>	<u>Opponent/Event</u>	<u>Time</u>	<u>Location</u>
Wed	11/25	Scrimmage – De La Salle Scrimmage –	11 a.m.	Concord Youth Center
Thu	12/10	MIRAMONTE	6 p.m.	Alhambra HS
Sat	12/12	MWC Alumni Crab Feed	6 p.m.	Shell Clubhouse, Martinez
Thu	12/17	DOUGHERTY VALLEY	6 p.m.	Dougherty Valley HS, San Ramon
Sat	12/19	Healdsburg Duals	All Day	Healdsburg HS
Tue & Wed	12/22 & 23	Lou Bronzan Tournament	All Day	Liberty HS, Brentwood
Sat	1/2	Lion's Invitational ^{1,2,3}	All Day	Douglas HS, Minden, NV
Thu	1/7	LAS LOMAS	6 p.m.	Alhambra HS
Sat	1/9	Apple Cider Classic	All Day	Watsonville HS
Thu	1/14	ACALANES	6 p.m.	Acalanes HS, Lafayette
Sat	1/16	33 rd Lawrence Miller Memorial	All Day	Alhambra HS
Sat	1/23			
Thu	1/28	DUBLIN	6 p.m.	DUBLIN HS
Sat	1/30	Puma Classic	All Day	Maria Carillo HS, Petaluma
Thu	2/4	TEAM PICTURES	3 p.m.	Wrestling Room
Fri & Sat	2/5 & 6	Mission San Jose Invitational	All Day	Mission San Jose HS, Fremont
Thu	2/11	CAMPLOLINDO (Senior Night)	6 p.m.	Alhambra HS
Sat	2/13	NCS 2A Team Dual Championships	All Day	Dougherty Valley HS, San Ramon
Sat	2/20	DFAL Championships	All Day	Dougherty Valley HS, San Ramon
Fri & Sat	2/26 & 27	NCS Championships ¹	All Day	Newark Memorial HS
Fri & Sat	3/5 & 6	CIF State Championships ^{1,2}	All Day	Rabobank Arena, Bakersfield

1- Requires Teacher Permission (1 week prior to trip)

2- Overnight Trip, will depart day prior and return day after tournament

3- Out of State Trip

Directions may be downloaded from our Web Site: www.ahswrestling.com

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Junior Varsity 2009-10

<u>Day</u>	<u>Date</u>	<u>Opponent/Event</u>	<u>Time</u>	<u>Location</u>
Wed	11/25	Scrimmage – De La Salle Scrimmage –	11 a.m.	Concord Youth Center
Sat	12/5	De La Salle JV Duals	All Day	De La Salle HS, Concord
Thu	12/10	MIRAMONTE	6 p.m.	Alhambra HS
Fri	12/11	DFAL Novice Tournament	4 p.m.	Dublin HS
Sat	12/12	MWC Alumni Crab Feed	6 p.m.	Shell Clubhouse, Martinez
Thu	12/17	DOUGHERTY VALLEY	6 p.m.	Dougherty Valley HS, San Ramon
Sat	12/19	Wildcat Invitational JV Duals	All Day	Will C. Wood HS, Vacaville
Tue	12/22	Clyde Forrest Frosh/Soph/JV	All Day	College Park HS, Pleasant Hill
Thu	1/7	LAS LOMAS	6 p.m.	Alhambra HS
Sat	1/9	Northgate Frosh/Soph/JV	All Day	Northgate HS, Walnut Creek
Thu	1/14	ACALANES	6 p.m.	Acalanes HS, Lafayette
Sat	1/16	33 rd Lawrence Miller Memorial JV wrestlers work this tournament	All Day	Alhambra HS
Sat	1/23			
Thu	1/28	DUBLIN	6 p.m.	DUBLIN HS
Sat	1/30			
Thu	2/4	TEAM PICTURES	3 p.m.	Wrestling Room
Thu	2/11	CAMPLOLINDO (Senior Night)	6 p.m.	Alhambra HS
Sat	2/13	NCS 2A Team Dual Championships	All Day	Dougherty Valley HS, San Ramon
Sat	2/20	DFAL JV Championships	All Day	Dougherty Valley HS, San Ramon

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